## BAOASE SPA & WELLNESS

UNWIND, RELAX AND TREAT YOURSELF TO SOME PARADISE PAMPERING.



At Baoase Luxury Resort, a wide range of spa services are available for you to enjoy in the comfort of your own private villa, suite or in our Massage Gazebo on the beach.

We offer a variety of beauty and body treatments such as body scrubs, packings with 100% aloe vera, massages (several kinds such as relax, deep tissue, hot stone), manicures and pedicures, make-up and hair styling.

## MASSAGES

As the ocean breeze caresses your skin, your mind and body will experience a relaxing paradise pampering. Our exclusive Beach Massages will soothe your muscles and invigorate the senses.

#### RELAX MASSAGE

#### \$140 | 60 min • \$195 | 90 min

It is time to de-stress, relax, and reinvigorate. Relieve muscle and joint stiffness while treating your skin with the rich healing oil.

#### DEEP TISSUE MUSCLE MASSAGE \$160| 60 min • \$215 | 75 min

Using relaxing warmed oils and deep pressure massage movements, we massage the core of the muscle, erasing stress, tension, and lactic acid build-up.

#### HOT STONE THERAPY

#### \$150 | 60 min • \$215 | 90 min

Harnessing the properties of volcanic basalt stones, we bathe them in warm water and anoint them with spicy, sensual aromas of the Orient. The deep penetrating heat from the stones massages the body using traditional techniques to release muscular tension.

#### THAI MASSAGE

#### \$135 | 60 min

The Thai massage is an ancient healing system combining acupressure, Indian Ayurveda principles and some assisted yoga postures.

#### COUPLES MASSAGE

You can now enjoy a full body massage while lying side by side with your partner.

Relax	\$280   60 min • \$390   90 min
Deep tissue	\$320   60 min • \$430   75 min

#### SENSORY SCALP MASSAGE (ADD-ON)

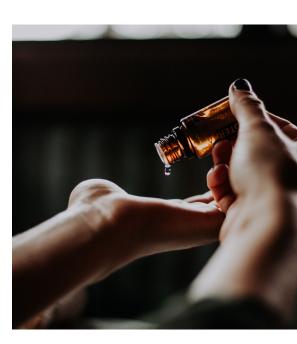
\$85 | 30 min

The deeply relaxing scalp massage lets you enjoy the power of touch combined with the essences of aromatherapy. This massage can only be booked as an add-on service.

#### REVITALIZING TIRED FOOT & ANKLE MASSAGE (ADD-ON)

\$85 | 30 min

The amazingly soothing foot massage re-energizes your tired feet and ankles – the cure for all swelling, soreness and sluggish circulation. This massage can only be booked as an add-on service.





### ALOE BODY PACKAGES

Aloe vera has beautiful softening and healing benefits for the skin which make it a perfect treatment for sunburns.

For more information, ask us about our body and massage treatment packages with pure 100% aloe vera.

#### ALOE PACKAGE 1

Body scrub | Packing | Body massage

#### ALOE PACKAGE 2

Packing | Full body massage

\$215 | 90 min

\$310 | 150 min





## HAND & FOOT CARE

price upon request

With our professional hand and feet treatments, we invite you to enjoy the benefits of the quality ingredients used to exfoliate, massage and hydrate these hard-working parts.

Complete Manicure: 50 minutes of pure bliss with nail polish, or 60 minutes with gel lack polish.

Complete Pedicure: 50 minutes of relaxation with nail polish, or 60 minutes with gel lack polish.

Mani & Pedi Combo: A 100-minute pampering session with nail polish, or a 120-minute opulent experience with gel lack polish.

Nail Art & Acrylic Nails available on request



# BAOASE GYM

The Baoase Gym is located across the street from the resort. The gym boasts Cardiovascular facilities featuring the latest Technogym equipment with individual flat-screen TV monitors. Moreover, you can make use of weights, functional training equipment and resistance machines.

The Baoase Gym has separate ladies' and gentlemen's changing rooms, showers, Locker facilities and a towel service. Personal training sessions and gym instructors are available upon request and subject to availability / additional charges.

Access to the gym is complimentary for registered guests of Baoase Luxury Resort only.

#### OPENING HOURS GYM

Monday - Sunday: 07:00 AM to 09:00 PM Subject to public holidays, opening hours may vary.

PERSONAL TRAINER Private session starting at \$ 85 per 60min.

Contact the Guest Sevice Desk for more information.



# YOGA & PILATES

Discover ultimate relaxation and well-being at Baoase Luxury Resort, where we offer rejuvenating yoga and pilates classes amidst paradise. Reconnect with your inner self in the lap of luxury

#### YOGA

Private session starting at USD 100 per 60min.
1 person USD 100
2 persons USD 130
3 persons USD 170
4 persons USD 200

Contact the Guest Sevice Desk for more information.

#### PILATES

Private session starting at USD 100 per 60min. 1 person USD 100 2 persons USD 130 3 persons USD 170 4 persons USD 200

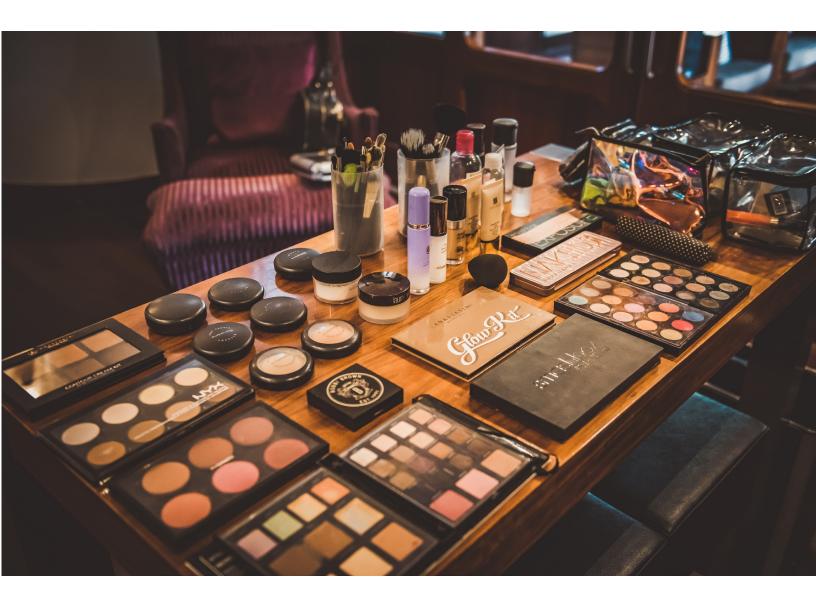


# BEAUTY & HAIRSTYLING

price upon request

Beauty treatments such as haircuts, hairstyling, make up, lash or eyebrow care, eyelash extensions, and waxing are available upon request.

While these beauty treatments can be arranged for your convenience, please note that hairstyling is the only service that can be performed in the comfort of your own suite or villa. For more information or to schedule these services, please don't hesitate to contact the Guest Service Desk.



## BOOKING CONDITIONS

#### All treatments are subject to the Baoase Treatment Booking Conditions.

#### GENERAL POLICY

- All bookings must be pre-booked via the Front Office or Guest Relations.
- Bookings are subject to availability.
- All treatments can be offered in the privacy of your own accommodation upon request.
- Treatments can be child-friendly, please contact us for more information.
- All bookings are subject to the Baoase cancellation policy.
- All bookings are subject to a liability disclaimer.
- Bookings will be charged directly to your room account, unless you are a visitor.

#### CANCELLATION POLICY

• Reservations canceled 72 hours before the date and time of the reservation will be fully refunded. If canceled 48 hours before date and time of the reservation 50% of the prepayment will be refunded. Any reservations canceled within 24 hours before date and time of the reservation will not be refunded.

#### LIABILITY DISCLAIMER

By making a booking, you agree to the following statements:

- I realize it is solely my responsibility to keep the bodywork practitioner updated on any changes in my physical health and I understand that Baoase Luxury Resort and the therapists shall not be liable should I fail to do so.
- I understand that all massage therapy and treatments offered are strictly non-sexual.
- I waive and release Baoase Luxury Resort and the massage therapists from all liability relating to massage therapy and spa treatments.

